

## OBESITY IN ADULTS



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### **Obesity in Adults Obesity Facts Causes Weight gain**

In adults, the diagnosis of obesity is most commonly made using BMI levels. BMI is calculated as weight in kilograms (kg) divided by height in metres squared (m<sup>2</sup>). Ideal BMI is 18.5 to 24.9 kg/m<sup>2</sup>. The following classification is advised by NICE: A BMI of 25-29.9 kg/m<sup>2</sup> is overweight. A BMI of 30-34.9 kg/m<sup>2</sup> is obese (Grade I).

<http://ebookslibrary.club/Obesity-in-Adults--Obesity-Facts-Causes--Weight-gain--.pdf>

### **Adult Obesity Facts Overweight Obesity CDC**

Adult obesity prevalence by state and territory using self-reported information from the Behavioral Risk Factor Surveillance System. Hispanics (47.0%) and

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### **Adult Obesity Causes Consequences Overweight Obesity**

The medical care costs of obesity in the United States are high. In 2008 dollars, these costs were estimated to be \$147 billion. 15. The annual nationwide productive costs of obesity obesity-related absenteeism range between \$3.38 billion (\$79 per obese individual) and \$6.38 billion (\$132 per obese individual) 16.

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### **Obesity and overweight who int**

In 2016, 39% of adults aged 18 years and over (39% of men and 40% of women) were overweight. Overall, about 13% of the world's adult population (11% of men and 15% of women) were obese in 2016. The worldwide prevalence of obesity nearly tripled between 1975 and 2016.

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### **Obesity in adults Health Information Bupa UK**

Obesity. Oxford handbook of nutrition and dietetics (online). Oxford Medicine Online. oxfordmedicine.com, published December 2015; Obesity in adults. BMJ Best practice. bestpractice.bmj.com, last updated 28 January 2016; Obesity. Medscape. emedicine.medscape.com, updated 25 August 2015; Obesity in adults.

<http://ebookslibrary.club/Obesity-in-adults-Health-Information-Bupa-UK.pdf>

### **Obesity NHS**

For most adults, a BMI of: 18.5 to 24.9 means you're a healthy weight ; 25 to 29.9 means you're overweight ; 30 to 39.9 means you're obese ; 40 or above means you're severely obese ; BMI isn't used to definitively diagnose obesity because people who are very muscular sometimes have a high BMI without excess fat.

<http://ebookslibrary.club/Obesity-NHS.pdf>

### **Understanding Adult Overweight Obesity NIDDK**

Obesity affects more than 1 in 3 adults in the United States. About 1 in 6 children and adolescents ages 2 to 19 are considered to have obesity in the United States. Another 1 in 3 adults is considered to be overweight. View the latest statistics.

<http://ebookslibrary.club/Understanding-Adult-Overweight-Obesity-NIDDK.pdf>

### **Obesity Health Problem Healthy Weight Basics NHLBI NIH**

Childhood Obesity Rates and Statistics. Children have become heavier as well. In the past 30 years, the prevalence of childhood obesity has more than doubled among children ages 2 to 5, has nearly tripled among youth ages 6 to 11, and has more than tripled among adolescents ages 12 to 19.

<http://ebookslibrary.club/Obesity-Health-Problem--Healthy-Weight-Basics--NHLBI--NIH.pdf>

### **Adult Obesity in the United States The State of Obesity**

West Virginia has the highest adult obesity rate at 38.1% and Colorado has the lowest at 22.6%. The adult obesity rate increased in Iowa, Massachusetts, Ohio, Oklahoma, Rhode Island and South Carolina between 2016 and 2017, and remained stable in the rest of states.

<http://ebookslibrary.club/Adult-Obesity-in-the-United-States---The-State-of-Obesity.pdf>

**Obesity in adults Symptoms diagnosis and treatment**

Presentation of obesity may range from asymptomatic to presentation complicated by multiple comorbidities, including cancer, CAD, diabetes, hypertension

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**Overweight Obesity Statistics NIDDK**

Trends in Overweight and Obesity among Adults and Youth in the US. Changes over Time Adults 2,4. The prevalence of obesity increased significantly among adult men and women between 1980- 2000.

<http://ebookslibrary.club/Overweight-Obesity-Statistics-NIDDK.pdf>

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